

## Participants Equipment List

What to bring to camp...

Please deliver a **contribution of baking** to the kitchen on arrival ☺

*If you are providing your own dirt bike riding equipment please bring the following*

*For all participants to bring*

<b>Bike requirements:</b>	
	Mechanically reliable for four full days of riding ( <i>please do any oil changes and mechanical needs before camp</i> )
	Tie-downs for transporting your bike during camp
	Tools for basic bike maintenance
	Fuel in appropriate container for four days riding ( <i>if you need to refill, please bring sufficient \$ to cover costs</i> )
	Chain lube and any other oils you may need
	See <b>Equipment Regulations</b> attached
(The following items are recommended but optional)	
	Spare air filters, cleaner and filter oil and something to clean air filters in
	Spare brake & clutch levers
	Spare tubes for front and rear tyres

<b>Compulsory dirt bike riding gear:</b>	
	Approved helmet
	Boots 25cm high
	Jersey – heavy weight cotton & long sleeves
	Trousers - long leather, nylon motocross or heavy worsted
	Gloves
	Goggles
	Body Armour - must include back protection
	Cold/wet weather jacket to ride in
(The following items are recommended but optional)	
	Knee Pads & Braces
	Neck brace
	Wet weather riding gear
	Spare set of riding gear

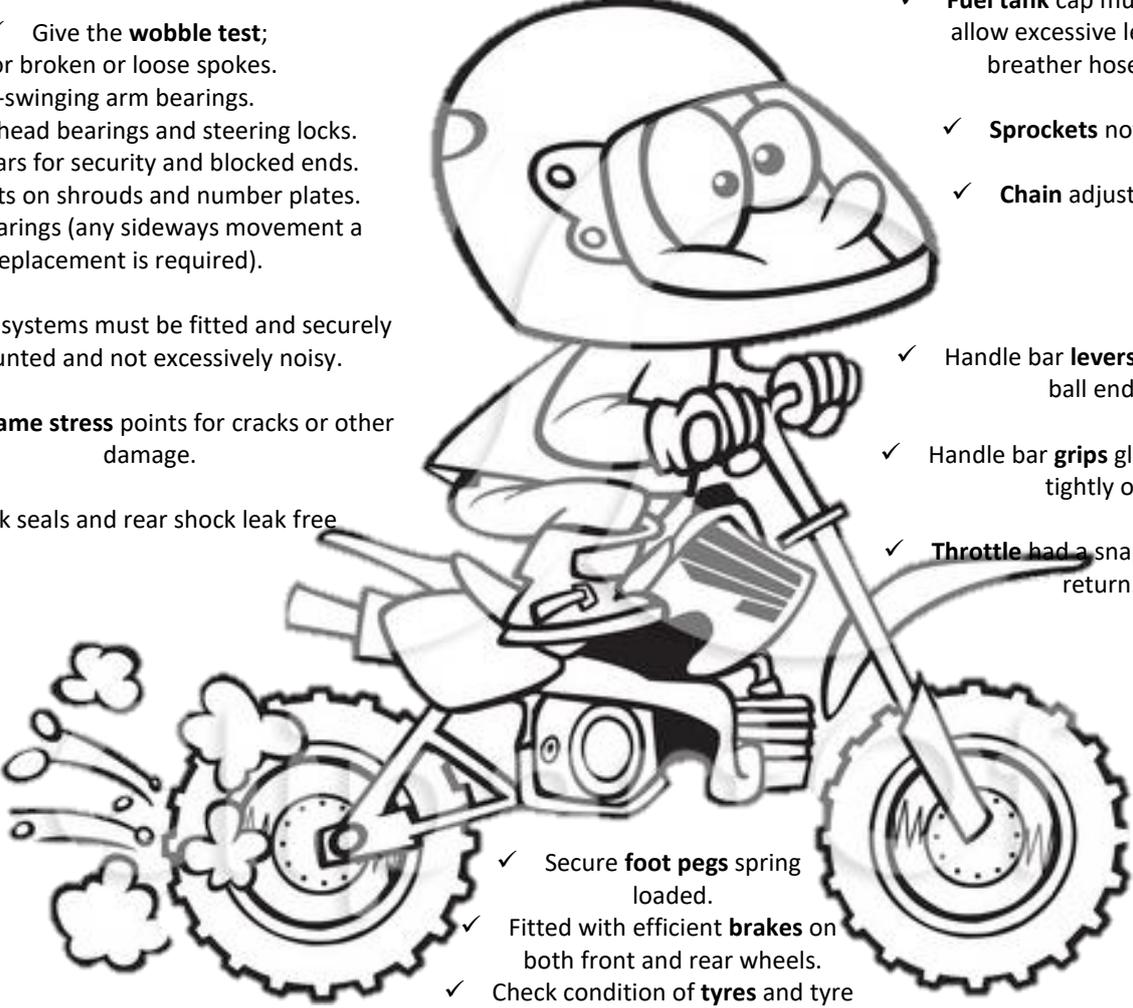
<b>Personal Gears:</b> ( <i>name all your items clearly as it is your responsibility</i> )	
	Sleeping bag
	Pillow
	Toothbrush & paste
	Other toiletries
	Casual clothes and footwear for evenings
	Warm clothes for cool evenings
	Warm jacket
	Drink bottle
	Sunhat
	Exercise footwear
	Towels – swimming & showers
	Swimming togs
	Large plastic bag for dirty clothes and gear (in case wet)
(The following items are recommended but optional)	
	Bible, pen and notebook
	Extra sports gear like rugby balls, card or board games
	Motocross DVD's (appropriate ones)

<b>Please DO NOT Bring:</b> ( <i>If found with these items they will be confiscated and further action may be taken</i> )	
X	Alcohol
X	Drugs
X	Guns (includes BB-guns)
X	Knives

**Please notify us if you are a regular smoker**

## Participant Equipment Regulations

### Dirt bike (motorcycle) equipment:

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- ✓ Give the **wobble test**;  
-for broken or loose spokes.  
-swinging arm bearings.
  - steering head bearings and steering locks.
  - handle bars for security and blocked ends.
  - loose bolts on shrouds and number plates.
  - wheel bearings (any sideways movement a replacement is required).
  - ✓ **Exhaust** systems must be fitted and securely mounted and not excessively noisy.
  - ✓ Check **frame stress** points for cracks or other damage.
  - ✓ Fork seals and rear shock leak free
  - ✓ **Fuel tank** cap must seal, not allow excessive leakage & a breather hose fitted.
  - ✓ **Sprockets** not worn.
  - ✓ **Chain** adjustment.
  - ✓ Handle bar **levers** must have ball ends.
  - ✓ Handle bar **grips** glued or wired tightly on.
  - ✓ **Throttle** had a snappy and free return.
  - ✓ Secure **foot pegs** spring loaded.
  - ✓ Fitted with efficient **brakes** on both front and rear wheels.
  - ✓ Check condition of **tyres** and tyre pressures.

### Dirt bike safety (riding) gear:

- ✓ Helmets –
  - At all YEMT operations, helmets will be worn when any rider or passenger is astride a motorcycle which is in motion, whether these be 2 or 4 wheeled.
  - Encounter Camps staff have the authority to impound any helmet considered of insufficient standard or in a damaged or unsound condition.
  - Only helmets with a strap retaining system are permitted.
  - Each participant will be required to prove good fit of his/her helmet.
  - All helmets, regardless of approved marks, must provide temple protection (commonly known as 'Jet' or 'Open Face' or 'Full Face').
  - Helmet peaks, if worn, must be of flexible material attached by press studs, straps, plastic screws, or tape. The peak must be capable of being torn from the helmet in the event of an incident.
- ✓ Boots – must be well constructed, either all leather or leather uppers or leather substitute and solid rubber sole not less than 25cm from the inner sole to the top of the boot. Sufficiently secured.
- ✓ Jersey - heavyweight cotton or similar type fabric with long sleeves.
- ✓ Trousers - long leather, nylon motocross, heavy worsted (e.g. ex-army type).
- ✓ Gloves – compulsory.
- ✓ Goggles - at the Equipment Coordinators discretion. Sufficient viewing through the lens.
- ✓ Knee Pads & Braces - recommended / or at riders choice.
- ✓ Body Armour - commercially available Motorcycle Body Protection (Armour) that must include back protection.